The Fence Post



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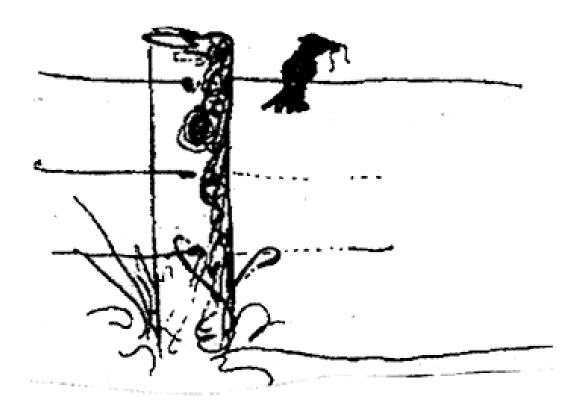
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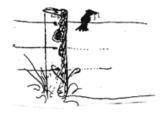
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The Fence Post - Informing the people of Narembeen since 1978



THE FENCE POST INC

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fencepost@westnet.com.au

* DEADLINE 10.30 AM TUESDAY *

OFFICE HOURS: Tuesday 8:30 - 12pm

News items or payments may be left at the front desk of the CRC

when the Fence Post office is closed.

Advertising Rates 2021

	B&W	Colour		B&W	Colour
Small ads up to ¼ Page	\$8	\$13	One Third Page	\$10	\$20
One half Page	\$15	\$25	Two Thirds Page	\$20	\$35
Full Page	\$30	\$50			

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EDITORS

Gina DeLuis, Sherrie Heather, Lorraine Lethlean, Maxine Miolini (Editor-in-Chief), Kellie Mortimore

ROSTER

Date	Editor	Typist	Ads
20/7/2021	Sherrie Heather	Darien Pascoe	Jodie Batty
27/7/2021	KELLIE	MORTIMORE	

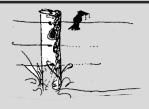
The Fence Post is a weekly (45 weeks of the year) voluntary publication in A4, printed mainly in black and white, the email edition is in colour. The newspaper is printed by our local CRC on a Wednesday. There are no summer holiday editions. Advertisements received by email will be invoiced to that address.

<u>Disclaimer</u>

The views expressed in articles in this newspaper are not necessarily the views of the Editor or other volunteers who produce this newspaper. The Editor has the right to withhold, edit or abbreviate any items.

- Life Member of The Fencepost IRIS BRISTOW -





Over the Fence...

Many locals will remember John Foley and his wife Eileen who were in Narembeen from August 1970 to November 1971 with John serving as policeman here. His death occurred on July 2nd at the age of 94. In retirement the family lived in Scarborough. Eileen passed away a few years ago and John had been active until the last couple of years continuing to live at home until quite recently. He is survived by four of his five sons. His funeral will take place on Thursday.

Funeral Notice

The Funeral Service for the late Mrs Kathleen Hooper will be held at 11am, Friday 16th July at the Church of Christ, 8 Ada St Narembeen. Followed at the Narembeen Cemetery.

PLEASE NOTE THAT THE **NAREMBEEN TYRE SERVICE WILL BE CLOSED** ON FRIDAY 16TH JULY. Courier service deliveries will be very limited.

Apologies for any inconvenience

Justin and Sharon

From the Editor

There does not seem to be much information to put in the Fencepost this week with school being on holidays and some sporting events not taking place.

It was a lovely day on Sunday so we went for a drive to look at the crops. Managed to get out to Tampia and have a look at the mine. Together with several other lucky people, we were able to see a blast take place. Considering our rainfall over the last week, there still was a lot of dust created.

Notice in IGA that they are installing new shelving. This is a mammoth task and is making the shop look much better.

The gym is a wonderful asset to the town and we all try to do the right thing by sanitizing etc. It was disappointing to see that someone had not taken their very muddy boots off before entering and doing their exercises. The mud left behind on the mats, carpet, treadmill, bike etc. was not necessary or appreciated by those who came in after. Some people are not very considerate.

An interesting letter appeared on my computer this morning and I thought I would share it with the people of Narembeen

AN OPEN LETTER TO THE NON AG COMMUNITY RE THE IMAGE OF FARMERS

Hi

It is heartening to see that agriculture is discussed widely in the community and on social media. However, it can be a little disconcerting to see how we are sometimes portrayed and the perception of our values, beliefs and social responsibilities.

I just wanted to raise a few statements I have seen repeatedly on social media regarding farmers in order to quash a few myths, and maybe encourage you to take the time to have a chat to a farmer about what they do and why, and what makes them tick. You may not agree with my views, and that's okay. But I hope it at least encourages some conversations between you and your friends, and hopefully between you and a farmer.

1. THE PROBLEM IS THAT FARMERS ALL VOTE FOR THE NATIONAL PARTY.

Not true. Sure some do – but with the low numbers of farmers in Australia its unlikely to change a government. In fact, there are only federally elected National members in three states (QLD, NSW and Vic). Believe it or not – there are also farmers in SA, WA, Tassie, NT and ACT. Statistically there are around 135,000 farms in all of Australia. In 2019 the federal National party received 642K votes, and the Liberal National Party of Qld received 1.26M votes in Qld alone in a state where there are only 18,000 farms. So that means there are a lot of teachers, electricians, truck drivers, bar staff and students who must have voted National – but no one seems to point the finger at them when they aren't happy with the government.

Oh – and there are a lot of farmers in National seats who never voted for their local member – as unbelievable as that may sound. Voting is a sacred right – but we each only get one, including farmers. There are no rigged elections here!

2. FARMERS DON'T BELIEVE IN CLIMATE CHANGE Really? How many farmers have you actually asked this question of? Yes – there are farmers who don't believe in climate change. There are also teachers, electricians, truck drivers, bar staff and students who don't believe in climate change – but few fingers are pointed at them in the argument. It would be a fair criticism if farmers weren't doing anything about managing a changing climate – but Australia's farmers are at the forefront in this regard. We are growing more crops and pasture on less rainfall and in a more sustainable manner than ever before.

It would be interesting to do a poll, but I would be surprised if the percentage of farmers who didn't believe in climate change was higher than the rest of the population. In fact, there are many farmers at the forefront of developing and advocating for climate change policy, and most industry groups have set bold carbon neutral policies. Probably the big difference to some outside of Ag, is that farmers are actually doing something about it using science and technology to adapt to a changing climate.

If you get a chance – catch up with a farmer and have a chat with them about climate change. You may be surprised by their views.

3. FARMERS DON'T CARE ABOUT THE ENVIRONMENT Yes there are some farmers who frustrate the rest of us with their views and the way they manage their farms and their attitude to the environment. I'd like to think they are in the minority. There are also teachers, electricians, truck drivers, bar staff and students who frustrate all of us with their no care attitude in regards to plastics, pollutants, energy use – and even using quality farm land for building new roads and suburbs. There are lots of us, including farmers, who need a wake up call.

If you get a chance – catch up with a farmer and have a chat with them about how they manage their farms in an environmentally sustainable manner. I'm sure they would be happy to talk to you about no-till, pasture management, precision Ag, tree planting, retaining residues, erosion control and more. It's what we do.

Oh – and we have been doing 'Regenerative Ag' since before it became sexy. It is part of how we remain sustainable.

4. FARMERS ARE NOT VERY SMART

Yeah, I do know a few farmers who aren't very smart. There would a some who would say it about me as well! But I also know teachers, electricians, truck drivers, bar staff and students who I don't think are very smart — and many who are quite extraordinary! But, I would also say that by far some of the smartest people I know are farmers. Ask most farmers about soil science, chemical modes of action and formulations, weather systems, animal genetics, plant biology, mechanical engineering, computer componentry or regulatory compliance and their breadth and depth of knowledge will likely astound you. Most astound me, and just make me want to strive for more knowledge to just be able to speak their language — and I am already a farmer!

Yes – some of us say some dumb things. Sometimes we don't value other's opinions. Sometimes we talk down to people. Sometimes we can be made to look like fools when cornered. But, isn't that just a reflection of all of us in society. I'm not sure farmers are loners in this.

5. FARMERS ARE HARMING US ALL WITH DANGEROUS CHEMICALS This kind of dovetails into the previous point about farmers not being very smart. Have a conversation with a teacher, electrician, truck driver, bar staff or student about the chemicals they use at home, in their garden, to scrub their wall oven or knock off a few bugs and see how much they know about the active ingredients, the modes of action or how to use them safely. Ask the same of most farmers about the chemicals they use on their farms and you will likely get a more educated answer. Yes, farmers use chemicals. But we are legally putting ourselves at risk if we use them is a way which can adversely impact our families, the health of the community or those use consume our products. And all of our chemicals are very safe if used according to their label specifications – otherwise they would not be available.

Yes – there are farmers who at times do not use chemicals safely and put others at risk. But, they are in the absolute minority and we as an industry are doing all we can to stamp out irresponsible use - for both the safety of you, ourselves, and the products we produce.

Probably the one thing we as farmers struggle most with is the misinformation in the community, and especially online, in regards to the agricultural use of chemicals such as glyphosate. It arcs us up, as we know how safe it is and how important a tool it is in our pursuit of being more environmentally sustainable. It frustrates us because the science so clearly shows that it is one of the safest chemicals we have available – but we sometimes choose to talk down to you about it, and demean you rather than engage. I apologise for that. You have a right to question. You also have a right to be concerned for the safety of your food and families. But we ask you also to listen, to research and engage – and we need to do the same. We owe it to each other.

As farmers we are far from perfect. And we so often scoff about the country / city divide with little attempt to build a bridge rather than add height to the wall. We as farmers need to find better ways to engage and communicate – it hasn't been our strength.

But all I can ask is that when you see things on the internet or words among your friends and families which criticise farmers - that you take a step back and maybe do a little research to see if it is in fact true. Even better, find a farmer and have a chat about what they do, what they know and what they believe. It may freak them out – but we too need to have those conversations.

Because it is only by doing this that we can build trust between all of us. And we need that trust as much as you do. And ultimately - we need each other.

Kind regards, An Aussie farmer

Narembeen Golf Club Inc



Saturday 17th July

Men

B. C. CUSACK CUP

Individual Stableford

&

TRADERS' CUP

Combined Stableford – partner required for both events

Ladies MAISIE CUSACK CUP

Combined Stableford

Bring your own partner please.

HIT OFF - 11.30 am sharp - Shotgun Start

Names in by 11-am

Nett and Gross trophies for all events

Novelties on all holes

Lunch and high tea included

Tim Cusack 0427 330 120

Maxine Miolini 0429 616 030

Sponsored by the Cusack Family and the Narembeen Traders



⁶ Narembeen Golf

Rain! Rain! Wet! Wet and we don't dare complain.

Things haven't changed for the women who played in the last qualifying stroke for Julie Hayter's trophy. Whilst

Miranda continues with some semblance of form winning with a 73 nett and 90 gross to take out the prizes, Carol kept her head above water with a 80 nett and Joan Cusack a 81. We hope that the elimination round will somehow magically improve us though we were subjected to a few heavy showers. As farmers wives we aren't allowed to grizzle over that. Miranda won the Longest Putt #5, Noela Cole NP on #17 and Julie Miller won the lowest putts comp. The women's elimination round is in two weeks so heaven help us. On Sunday the weather and course was perfect and for those that played we DID improve. Miranda Noak had 34pts and Joan Cusack 33. Things are looking up!

On Saturday 10 men went to Ardath for their Cup and Colin Ogilvie and Tristan Schilling won with 48 from Tim Cusack and Marty Farrell and Greg Vaughan and Damon Hayter were R/up to the gross. We were all really chuffed for our club favourite Colin.

They must have partied hard as only 10 men fronted up for sweepstakes on Sunday with Scott Stirrat winning on a 34 on a C/b from Robert Miolini. See the men's scores aren't any better than the women. Best 2nd #3 and NP #17 was Brian Cusack, Best 2nd #8 was Bevan Thomas and Best 3rd #10 Adam Miolini. Gee Bevan you are nearly becoming a regular!

An emergency call has gone out. Our buggy room is overflowing so any non-members or members who haven't played for a while, could you please take your bags and buggies home. There are at least 40 extra golf sticks not in bags!! and 4-6 very dusty buggies. They will be moved to a non-lockable big shed in two weeks' time and then disposed of. Also members please be aware that all your bags and buggies left at golf are at your own risk as the Golf Club hasn't insured the contents of the buggy room as the premium is too high.

Many Thanks to our sponsors G Brownley Plumbing, B C Cusack & Co, Liberty Fuel, S & C Padfield, Varley Transport, Hutton & Northey, Elders, Sonic Boomsprays, Trans Plus, Narembeen Medical Centre, Narembeen Hardware, Total AG Nutrien, CSBP, Narembeen Tyre Service, Narembeen Roadhouse, Narembeen Hotel, Narembeen Engineering

NAREMBEEN & BRUCE ROCK DARTS ASSOCIATION Drawn Pairs Championship 2021

Saturday 10th July 2021 at the Narembeen Workers Hotel Bar & Bistro

Dom Sampi 64 High Peg

High Score Steve McConachy 180

										DOM SAMPI LINDSAY BROWN	Champions									
									Mal Higgins Shane Biddulph	>	Dom Sampi	Lindsay Brown								
			Gavin Cole	Rhys Cousins	۸	Mal Higgins	Shane Biddulph			CHAMPIONSHIP				Glen Piper	Steve McConachy	Λ	Dom Sampi	Lindsay Brown		
Jarman Collard	Josh Irving	^	Gavin Cole	Rhys Cousins		Mal Higgins	Shane Biddulph	V	Bye		Glen Piper	Steve McConachy	^	Greg Bond	Ron Rojas		Dom Sampi	Lindsay Brown	^	Rodney Oakley Jnr
			Jarman Collard	Josh Irving	^		вуе			PLATE				Greg Bond	Ron Rojas	Λ	Rodney Oakley Jnr	Max Dove		
									Jarman Collard Josh Irving	>	Greg Bond	Ron Rojas								

Thanks to our Board Sponsors for the Day

Max Dove





JARMAN COLLARD

JOSH IRVING Plate Winners



NAREMBEEN AND BRUCE ROCK DARTS ASSOCIATION



Results from ComfortStyle Furniture & Bedding Merredin Round 4 Week 2

Played Friday 9th July 2021

 (00000)	,		
BRUCE ROCK	Lost to	WIZARDS 10	
ROYALS 5	Lost to	MC SHARKS	
MAGPIES 7	Defeated	JETS 4	3

League Ladder

TEAM	PLAYED	WON	LOST	LEGS FOR	LEGS AGAINST	LEGS DIFFERENCE	POINTS
JETS	17	13	4	121	66	+55	26
MC SHARKS	17	13	4	115	72	+43	26
WIZARDS	17	10	7	107	80	+27	20
MAGPIES	17	9	8	100	87	+13	18
ROYALS	17	4	13	64	123	-59	8
BRUCE ROCK	17	2	15	54	133	-79	4

HIGH AVERAGES (50+)

Dom Sampi (71.17); Ron Rojas (60.70); Mal Higgins (58.80); Lindsay Brown (58.09); Dean Butler (54.00); Jarman Collard (52.29); Rodney Oakley Jnr (51.88); Gavin Brownley (51.08); Craig Roissetter (50.00)

PEGS (50+ in Bold)

Glen Piper (-,-,14); Lindsay Brown (-,64,16); Jarman Collard (8,-,12); Dean Whitley (-,-,19); Ron Rojas (-,-,32); Ronjie Palompo (-,15,-); Dom Sampi (60,6,29); Josh Irving (-,-,14); David Blurton (-,12,8); Rhys Cousins (12,-,-); Danny Gray (-,-,32); Craig Roissetter (18,30,-); Kaleb Roissetter (-,-,8); Rodney Oakley Jnr (-,32,3); Nathan Black (-,-,35); Gavin Brownley (-,31,40); Jack Muntz (40,-,24); Steve McConachy (-,-,12); Damien Bow (-,4,-); Graydon Dawson (-,60,-); Neville Brandis (-,-,8); Dean Butler (-,-,49); Lindsay Hill (8,-,-); Lee Griffiths (-,-,18)

HIGH SCORES (101+)

Damien Bow (180); Rory Moore (156); Lee Griffiths (140); Lindsay Hill (140); Dom Sampi (140); Mal Higgins (133); Graydon Dawson (126); Keith Butler (125); Gavin Brownley (125); Craig Roissetter (125); Ronjie Palompo (123); Josh Irving (121); Dean Whitley (121); Jarman Collard (120); David Blurton (117); Kaleb Roissetter (101); Cody Duncan (101)

100 CLUB

Ron Rojas (4); Rhys Cousins (3); Dom Sampi (3); Neville Brandis (2); Lindsay Hill (2); Steve McConachy(2); Jarman Collard (2); Greg Bond (1); Kaleb Roissetter (1); Craig Roissetter (1); Josh Irving (1); Danny Gray (1)

BEST OVER AVERAGE

Dom Sampi (+17.89); Mal Higgins (+16.10); Graydon Dawson (+14.26); Wayne Wisnewski (+7.91); Rodney Oakley Jnr (+7.87); Marty Farrell (+7.09)

THIS WEEKS FIXTURES

ComfortStyle Furniture & Bedding Merredin Round 4 Week 3 Friday 16th July 2021, 'Game On' 7.30pm

MC Sharks v Wizards at Merredin Bowling Club

Bruce Rock v Magpies at Bruce Rock District Club

Royals v Jets at Narembeen Workers Hotel Bar & Bistro

South Centrals, Saturday 31st July 2021 at the Bruce Rock District Club from 9am, if you wish to be Considered for Selection Please Ensure your Name has been Put Forward (either Directly to Us or via the Back of the Weekly Score Sheet), talk to your Captains for More Details

Are You Able to Help Out on the Day for the South Centrals, Saturday 31st July 2021 at the Bruce Rock District Club?

We Need Volunteers to Keep the Score Books for Our A & B Grade Sides, also to Help Generally During the Day



Many thanks to the volunteers who have worked on their own, this week, as it has been very busy, and it's difficult to attend to everything at once. Sales have been very positive.

It was lovely to have a visit from the local Day Care Centre in Narembeen, the kids had a lot of fun looking at everything, and their behaviour was impressive!

A couple arrived from Perth with a boot load full of clothes and goodies, and said, "We came here some time ago, and where able to

purchase some tops, (look, the top I am wearing today has come from here) at very good prices, so we decided to give back, and here we are!"

I've been looking for a couple of portacots to go to Narrogin, to put all the extra clothing we are receiving down there, up off the wet ground. So, I was very thrilled when one arrived early on Tuesday morning! Many thanks to the person who dropped that off. An answer to prayer!

This \$2,000 raised is going to the Christmas Shoe Boxes. Thanks for your support! Rosemary Smoker 0429 335 646



WESTONIA AG-MAG NEUTRALISE & FERTILISE + TRACE ELEMENTS

High MAGNESIUM Clay, crushed & screened for sand, Intermediate & Gravel Soils

LIMITED STOCK

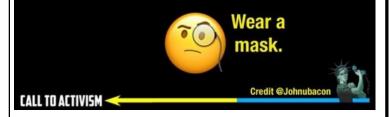
Westonia Pickup \$17.60/t

0428 467 766

SOIL REPAIR NATURALLY

Face masks don't always work?

Well neither do parachutes but if I ever jump out of a plane I still want one.



WEATHER

Day	Date	Max (°C)	Min (°C)	Rainfall (mm)
Tuesday	6th. July	17.3	6.6	9.4
Wednesday	7th July	15	9.2	1.4
Thursday	8th July	16.1	7.9	
Friday	9th. July	17.5	8.0	11.6
Saturday	10th July	15.3	8.5	
Sunday	11th July	16.2	3.4	1
Monday	12th. July	18.1	5.9	



The Ladies of the Hawks

The Narembeen Footy Club would like to thank the following sponsors for their support throughout 2021.......

Footy Club Sponsors, NB Hardware & Ag Supplies, MACA Mining

Varley Transport, Colestan Electrics, Rockdale, Hutton & Northey Merredin, NB Spraying, Nutrien-Total Ag Narembeen, NB Engineering

NB Club Inc, Viterra, NB Tyre Service, Wheatbelt Ag, Gmeiner Family, Central Wheatbelt OT, Aviso, Bankwest, Lethlean Family, Sonic Boomsprays, McIntosh & Son, Dorcas, Jordan Sprigg Sculptures

The fast development of AFLW has seen the AFL and indeed the nation trumpet the move towards more involvement of women in footy. What a wonderful development it has been too as it has seen the game provide so many more opportunities both on and off the ground. Not only players but coaches, support staff and supporters have all grown at the highest level as the new competition has grown. The thing is though out at the Hawks we have known for a long time how important ladies are to country footy.

Now I have only been around the Hawks since the turn of the century so please feel free to detail in the comments the efforts of any ladies that I may have missed through lack of knowledge or lack of time at the club. Since the turn of the century there have been a few ladies who without the Hawks would be less than they are now.

Lani Malan was only in town for a short while, but she was willing to get involved with the club that was playing this strange game. Strange to Lanie because she was from South Africa and had not long been in the country. Despite this hurdle she was a caring and considerate trainer whose time was much appreciated.

Brit Duncan has been involved with the Hawks for some time but has increased that involvement since she moved back to town full time. Taking on the unenviable role of Secretary a few years ago Brit also works as a trainer at the footy club. Then this year as she has been studying fitness training, she has been called on to assist with getting the boys fit through pre-season. She also can be seen in the kitchen, finding grant money, and working on the wind up through the season.

Hilary Sedgwick and Beverley Hunter are names that should forever remain synonymous with any conversation about the history of the Hawks. Both life members, they have their time, their talents, and their care to many footballers over a long period of time. They would help wherever it was needed, Hil would often be seen behind the bar in the old rec centre allowing others to revel in whatever function was taking place. While Bev is always at footy early making sure everything is in place for the day ahead.

The AFL may be celebrating the new found connection they have with women and it is great to see. However, at the Hawks we have long known and appreciated the value of the efforts of the ladies around the footy club. They have been there when the Hawks have been at their lowest and been there when we have been celebrating the highest of highs. The AFL may only just be realising it, but the Hawks have know it for a long time, we should all be thankful for the work of the ladies.







A Fair Effort.....Mac Cole

Unfortunately, sometimes injury gets the better of you, your body doesn't let you play the footy you love to play. Last year Mac Cole's footy career came to an end as he suffered a concussion which would make any further footy a real risk to his health. It was an unfortunate early end to the career of a talented footballer and a popular figure around the club and the competition. So popular that rumours persist he may have got votes in a recent premiership celebrations of a rival club.

Now in this position it would be easy, an understandable for Cole to walk away. He has a growing business and has recently got married. He's bought some land just out of town and is setting himself up nicely. After all there is plenty more things going on in life than footy.

He hasn't however. A committee member, Mac has stayed around the club and helped out in as many ways as he can. He's umpired the Ressies just about every week and twice he has also umpired the league game. Umpiring is tough, you have to concentrate for long period of time, to do two games in a day, back to back, is even tougher. His efforts however do solve a consistent problem for the club and make the day at the footy all the easier for those around him. Mac has come in and trained to add an extra number to the training group and he has also acted as the runner for the league side when needed.

It would have been quite easy for Mac to walk away from footy this year, it would have been fair enough too. However, he hasn't, he's stayed around. He's helped out and enjoyed being part of a club back in the mix. That's a fair effort.

A Fair Effort.....Jeikwjuan Brown

One of the easiest things to forget in country football is the age of our players. As we all strive for success, as we do all love a winner, and enjoy playing armchair critic, me being the case in point, it is easy to forget so often that our players are so often still teenagers and still have so much football in front of them. I suppose the point I am trying to make it that football success is hard to build and footballers take time to develop. Which is why any kind of success at league level by a young up and coming footballer is a fair effort.

Jeikwjuan Brown is eighteen years old and stands probably just under six foot and has been playing league footy as a ruckman through the first ten rounds of the season. Much of those ten rounds has seen him as the number one man as ankle injuries have kept senior ruckman Adam Miolini off the field. Brown has found himself jumping against opponents who are not only older than him, stronger than him but also weighing almost twice his body weight. The odds have been against him.

The way Brown has competed through the first ten rounds of the season has belied the odds that have been stacked against him. He has used his athleticism to jump into these behemoths and also his pace on the ground to release runners around the contest. He has shied away from nothing and kept fronting up to the challenge. His competitiveness has given his midfield a chance to get in the contest. His efforts after half time in the Hawks stirring win out at Hyden was a great example of the influence he is having without racking up tonnes of possessions and taking numerous marks.

The Hawks are in the midst of a strong season. Back genuinely in the mix with a side made up of locals or ex-locals and a couple of quality blokes from Perth. This success is built around a midfield coming into their best years of football and a backline built around a intercept marking centre half back of the highest quality. It has also been built around the guts, toughness and character of a young eighteen year old ruckman who is looking massive odds in the eye and taking them on with relish. That's a fair effort.







RURAL EDGE



WORKSHOP

This workshop will provide participants with the tools to build their own farm safety system and ensure they are safeguarding their people and business - Don't put them at risk!



GET STARTED

Know your obligations under OSH law Tools to break down resistance Introduce basics first



MAKE YOUR FARM SAFER

Identify & prioritise hazards Create safe work procedures Inductions for staff and visitors Building your safety culture



BUILD A SYSTEM

What evidence do you need? Templates Checklists

Thurs 29 July 2021

NAREMBEEN

9:00am to 3:00pm

Narembeen Community Resource Centre, 2/19 Churchill St, Narembeen WA 6369
Registrations ESSENTIAL via ruraledge.org.au/workshops/farm-safety
Cost: \$350 + GST (first person from a business), \$175 + GST (add. members of same business)

This workshop is made possible through the support of the CBH Group





Join us to have a chat about mental health and wellbeing in rural Australia

A Rural Minds Workshop is a relaxed way to learn about mental wellbeing and resilience for your community, your family, friends, and yourself. Designed for rural and remote communities, and delivered by people who know what it's like out here, Rural Minds is just good, solid, practical, information without all the bull...dust.

The workshop will:

- Improve your awareness and understanding of mental health issues
- Make the connection between mental health and personal safety
- Give you the confidence, strategies and pathways to supports to help you preserve your mental health and that of your family and friends.

Topics covered will include:

- Stigma around mental illhealth
- Risks to mental health
- Anxiety and Depression
- Destructive Thinking
- Acute Stress and PTSD
- Dementia
- Suicide
- · Alcohol, drugs and mental health
- Relationships
- Financial Stress and Succession
- Strategies to build and maintain mental health
- Mental health supports

Tuesday, 27 July 2021
4.00pm - 7.30pm, followed by BBQ dinner
Narembeen Emergency Services Facility
\$36.00 per person

Register at Narembeen CRC crcreception@narembeen.wa.gov.au or 9064 7055











rrmh.com.au



from the CHIEF



1 LONGHURST STREET, NAREMBEEN WA 6369 T: (08) 9064 7308 F: (08) 9064 7037

W: www.narembeen.wa.gov.au E: admin@narembeen.wa.gov.au

APEX PARK OPEN SPACE RE-DEVELOPMENT

Development works at Apex Park are continuing, with the lawn being installed last week. Next week's works include landscaping, installation of new pathways, shade shelter pads and the new skate park pad.





SHIRE OFFICE CLOSED - WEDNESDAY 14 JULY

Due to the scheduled works being conducted by Western Power, the Shire Administration building will be closed on Wednesday 14 July.

Staff will be working from home or the CRC and will be available via phone and email. Unfortunately licencing will not be available on this day.

If you have any queries or concerns please contact Tamara Clarkson 0409 444425 or emcs@narembeen.wa.gov.au



from the CHIEF



Job Vacancy BUILDING MAINTENANCE OFFICER

Be part of growing and maintaining the community of Narembeen.

Shire of Narembeen is currently seeking a suitably qualified, experienced and self-motivated individual to fill the position of Building Maintenance Officer. For the position descriptions related to the role please visit the Shire's website www.narembeen.wa.gov.au or contact the Shire 9064 7308, in person or via email emcs@narembeen.wa.gov.au.

Building Maintenance Officer

The key objectives of this position are:

- Responsible for ensuring the Shire's building assets are maintained to a high standard.
- Undertaking property inspections, preparing maintenance programs and developing cost estimates.
- · Provide guidance and advice to other Shire employees undertaking construction projects.

Oversee Shire contractors undertaking maintenance works on building assets.

The position is responsible for implementing Shire building maintenance and improvement works. A cash salary in the range \$75,000 to \$85,000 will be negotiated. Housing and other benefits will be negotiated.

To apply for this role, please submit an up to date resume and cover letter to emcs@narembeen.wa.gov.au or in person at the Shire offices by 4pm on Monday 19 July 2021.

Further detail can be obtained by contacting Tamara Clarkson on (08) 9064 7308.

David Blurton
Chief Executive Officer
Shire of Narembeen
1 Longhurst Street
Narembeen WA 6369

from the CHIEF

WATER CORPORATION—ESSENTIAL WORKS

Water Corporation will be conducting essential works in Narembeen.

There will be a temporary water supply interruption for up to five hours.

Wednesday 21 July at 8pm

Before the water supply interruption, customers are urged to turn off the main tap at the water meter. If you have an electric hot water system, we recommend that you turn off its power supply.

Other handy tips:

- Fill kettles and store some drinking water in the fridge
- Use showers or baths before the water supply is interrupted
- Store water in buckets or other large containers to flush the toilet

During the water supply interruption

- Toilet cisterns will need to be refilled from a bucket
- Do not use automatic dishwashers or washing machines

After the water supply interruption, turn the main tap at your water meter back on, run your inside taps for a minute to remove any air that may be trapped in the pipes before turning your electric hot water system power supply back on.

For any prolonged water supply issues, please call Water Corporation's 24 hour Faults, Emergencies and Security Line 13 13 75.



WATER MAIN WORKS

Water Main works will occur on Currall Street between 7 July to 30 July 2021.

There will be no disruption to traffic but please adhere to traffic management and stay safe.

TRAFFIC INTERRUPTIONS—LONGHURST STREET & LATHAM RD

There will some interruptions to traffic on Longhurst Street and Latham Road on 13th and 14th July as Western Power contractors will be relocating power poles. These works are part of Council's blackspot project to modify and improve the layout of these intersections.

Please drive safely in the area and obey all directional signage.

David Blurton

Chief Executive Officer

Grain Brokers Australia Weekly Market Report

July 13, 2021

Aussie winter crop setting up for another big harvest....

Late winter and early spring rainfall are likely to be above average for most of Australia, according to the latest climate outlook overview released by the Bureau of Meteorology (BOM) late last week. When coupled with a favourable temperature outlook, it only reinforces the prospect of above-average winter crop production for Australia in 2021.

One of the key drivers of weather across the Australian continent is the Indian Ocean Dipole (IOD). The index measures the difference in sea surface temperature between the western Indian Ocean and the eastern Indian Ocean, northeast of Australia.

The BOM expects a negative IOD event to develop in August or September, increasing the likelihood of above-average winter and spring rainfall for southern Australia. A negative IOD event is declared when there have been at least eight weeks below the IOD index threshold of −0.4°C.

The IOD value continued in negative territory last week, although it did sneak above that threshold for the first time in six weeks. That movement is expected to reverse as the eastern Indian Ocean temperatures continue to warm relative to the west. Most weather models have the index hovering around the -0.4°C benchmark for the August to November period before weakening slightly into year-end.

The El Niño-Southern Oscillation (ENSO) remains neutral with most oceanic and atmospheric indicators suggesting it will maintain a neutral bias for the remainder of the southern hemisphere winter and spring. Sea surface temperatures over the western Pacific Ocean and south of the equator remain warmer than average, pushing moist air over the Australian continent. Similarly, the Southern Oscillation Index (SOI) for the 30 days ending July 4 was +5.1. The 90 day SOI value was +2.8, both values falling within the ENSO neutral threshold.

All this is great news for winter crop production and should provide a perfect start for next summer crop campaign when planting commences in September across northern New South Wales (NSW) and southern Queensland.

Western Australia (WA) received more rain last week and over the weekend to add to the above-average rainfall registrations in the first half of the year. The crops were planted on time and into good moisture and have had wet feet ever since. The state is a relative oasis at the moment. With a six per cent increase in the planted area, record production is a distinct possibility if the favourable weather conditions continue into the spring.

The picture in South Australia (SA) is not as rosy, but the crop has been planted. Rainfall in the first three months of the year was average in most regions, remembering that it has a winter dominant rainfall weather pattern with a summer drought. However, the season break failed to arrive in April across much of the state, and the dry continued into the primary seeding month of May across most regions.

The Central and eastern parts of Victoria are in much better condition. Still, like South Australia, the entire state requires above-average rainfall over the next three months to produce average yields.

On the whole, NSW is every bit as good as last year, the one difference being the crop was planted on time in most regions. The biggest issue for this year's planting program has been too much rain, particularly in the north and northwest of the state, where the seeding task has been quite fragmented.

While there may be some localised cases of excessive soil moisture, in general, crop conditions across the state are magnificent, and a repeat of the record yields seen in 2020 are a distinct possibility. The timely start to the season, coupled with high prices at sowing time, also means the canola area has been maximised in NSW this year.

Winter crop production in southern Queensland has suffered under a series of dry seasons since the bumper 2016 harvest. However, this year may provide some redemption. Good summer rains set the scene for a significant winter plant, and most districts have had ample top up rains over the winter. The large crop is well advanced and is set up to produce a crop at least twice as big as last year, and with a good spring, it could approach three times the size.

For most farmers in Central Queensland, rainfall and the soil moisture profile has not been nearly as favourable as the southern parts of the state. That said, the crop is in the ground with a large bias toward chickpeas which reportedly make up around 60 per cent of the planted area. Wheat makes up almost all the balance.

I pegged last year's Australian wheat crop at a record 36.2 million metric tonne (MMT). The pace of exports season-to-date, the export stem for the final three months of the 2020/21 crop year, domestic demand and some recent projections on east coast carry out certainly support a number much higher than the final ABARES figure of 33.3MMT. With NSW and WA in such good shape, a wheat crop with a three handle is on the cards again in 2021.

Strong prices leading into the canola planting window and a good soil moisture profile in most key growing regions have bolstered the estimated planted area by as much as 30 per cent this year to almost 3 million hectares. Applying the average national yield for the last decade would see production eclipse last year's record 4.28MMT harvest. If there were to be a repeat of 2020 yields, production would approach a staggering 5.5MMT.

While the crops in Victoria and SA may be lagging long term averages for this time in the growing season, numerous reports from farmers in WA, NSW, and southern Queensland declare they have never seen their crops looking so good. Add an extremely favourable three-month forecast, and 2021/22 winter crop production in Australia is on track to break a few more records this season.

Call your local Grain Brokers Australia representative on 1300 946 544 to discuss your grain marketing needs.

FOR SALE

37-39 Currall Street Narembeen
Opposite Sporting Precinct
Selling as one Package







For more information please contact

Des - 0427 647 224

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-News-

LOCAL

- More rain falls, making everything quite muddy and sticky
- Another blast at the Goldmine

REGIONAL

- Covid restrictions lifted
- Storms have done extensive damage in Bunbury and the South West

STATE

- Storms hit Perth and more are expected
- Dockers have a win
- Eagles lose to bottom team
- Covid restrictions are lifted for Perth and the Peel district
- Perth Wildcats coach Trevor Gleeson resigns

NATIONAL

- NSW borders are closed to most of the Australian States
- Coles propose to restructure the meat department in its stores

GLOBAL

- Italy wins the EUFA Euro Cup Final against England
- Ashleigh Barty wins Wimbledon

JOKING

Paddy was in New York.

He was patiently waiting and watching the traffic cop on a busy street crossing. The cop stopped the flow of traffic and shouted, 'Okay, pedestrians.' Then he'd allow the traffic to pass.

He'd done this several times, and Paddy still stood on the sidewalk.

After the cop had shouted, 'Pedestrians!' for the tenth time, Paddy went over to him and said, 'Is it not about time ye let the Catholics across?'

BÎRTIDAYS



15th	Chloe Rogerson	Louise Tenardi	Cameron Schwartz
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Corey Hebbermann William Lethlean

16th

17th Colin Ogilvie Isabella Kennedy

18th Gilbert Chick Eilish Bailey Kane Hayter

Tate Welsh

19th Eli Beagley Harley Henderson Asha Bristow

20th Leonie Wilson (Smith)

21st Graeme Currie Bevan Eyles Sharon Wilson(Duncan)

AMÎNARSARÎAS



NO ANNIVERSARIES THIS WEEK - NOT

MANY FARMERS GET MARRIED

NEAR SEEDING OR SHEARING TIME



NAREMBEEN HISTORICAL SOCIETY (INC)

Next Meeting: Monday, July 19, 2021

Commencing at: 2.00 pm

At: The HISTORY CENTRE (Road Board Building)

Interested Community members very welcome.



CHURCH NOTICES



ST PAUL'S ANGLICAN

Sunday, July 18th

NOTE THE TIME

9.00am

Rev DAVID RUSSELL VISIT

2 Samuel Chapter 7 Verses 1-14 E Brayshaw

Ephesians Chapter 2 Verses 11-22 B Schwartz

Mark Chapter 6 Verses 30-34 and 53-56

Psalm 89

Church of Christ

Thursday 15th July 7.30pm

Bible study at A & W Van Dyk's home

Topic - Herald

Sunday 18th July 10.00am

Worship Service with Sunday school during the service

Bible Verse: 1 John 4:7

Dear friends, let us love one another, for love comes from God.

Seventh-day Adventist

105 Church Road, Mt. Walker Saturday, July 17.

10:00 am. The Senior's Bible Study is in to a new series, "Rest in Christ", with the lesson for this week being "The Roots of Restlessness"; and the Key Text is in James 3:16, ESV. Sabbath School will be available for kids too at this time

11:30 am. Worship Service, Rhonda Ashmore. You can tune in to the current Bible Study series via your VAST TV on Channel 603 at 4:00pm on Fridays (or at 4:00 am on Mondays to record it and follow this 5 part study during the week) or there is a shorter program, "Let God Speak" at 7:00 pm Fridays.

Current phone contacts - Terry & Rhonda -

9061 7032, 0427 907 119 or 0417 907 119. or Pastor Lomani - 0429 770 331.

ROMAN CATHOLIC

OUR LADY OF THE BLESSED SACRAMENT

Saturday, July 17th

6.00pm

Reader: M Harper

Contact: R Hickey 0428 132 454

J Cusack 0408 064 727

Cleaning: C. Harper



COMMUNITY HEALTH INFORMATION



NAREMBEEN MEDICAL CENTRE - PHONE 9064 7145

Dr Lines practices at the Medical Centre

Hours Mon – Thurs 8.00am – 12.30pm 1.30pm – 5.00pm Friday 8.00am – 1.30pm

PLEASE BRING CURRENT PRESCRIPTIONS, MEDICARE, PENSION AND HEALTH CARE CARDS

RURAL WOMEN'S GP SERVICE – Phone 90647145 for appointments. Dr Olga Ward visits approximately 6 weekly

NURSE PRACTITIONER – Laura Black visits fortnightly

HOSPITAL - PHONE 90646222 HEALTH DIRECT 1800 022 222

Accident, emergency and acute medical.

Outpatient dressing/blood pressure checks etc-Preferred times 10.30am -11.30am or 3.30pm - 4.30pm

X-Ray service available - please phone for bookings. Only emergency X-Rays will be attended out of hours

Other services include antenatal and postnatal care, palliative care, respite service, high and low level residential care. Home and Community Care (HACC), Patient Assisted Travel Service (PATS), Videoconference facilities available for consults with some Specialists. Occupation and Speech Therapy, Dietician and Aged Care Assessment (ACAT) available by referral.

WHEATBELT ALCOHOL AND DRUG SERVICE

Phone 90413807 or 90412928

This service provides support for individuals, couples and families affected by alcohol and drugs

WHEATBELT DOMESTIC VIOLENCE UNIT

Call 1800 353 122 (24 hours) Free and Confidential
Men's Domestic Violence Helpline 1800 000 599. Victim Support Service 1800 350 074

NAREMBEEN DENTAL - JOHN COBLEY

Phone 90647397 Emergencies 0419 987 397 Appointments Thursday

CHILD, SCHOOL AND COMMUNITY HEALTH SERVICES - PHONE 90647388 or 90646222

Child Health Clinic every Tuesday at the Hospital 9am – 3.00pm

Alternatively, contact Primary health in Merredin 90410444 or Ngala 1800 111546

CENTRAL AGCARE FAMILY COUNSELLING SERVICE

Counsellor Anne Hague 0427 133 711

PODIATRIST - PHONE 90646222

Please call the hospital (office hours) for appointments

ST JOHN AMBULANCE - PHONE 000 Do not call the hospital for an ambulance in an emergency.

CENTRAL WHEATBELT OCCUPATIONAL THERAPY - PHONE COURTNEY 0488 333 492

At Narembeen Medical Centre

COMING EVENTS

July 2021 Wednesday 14th REED Narembeen bookings ADMIN 6832 3825 8.30am - 5.30pm GOLF - Ladies - Jubilee 4's V Captains Trophy Thursday 15th REED Narembeen bookings ADMIN 6832 3825 8.30am - 5.30pm Autumn Club 10.00am-2.00pm 9.30am Friday 16th Playgroup at Numbats Centre DARTS - MC Sharks V Wizards - Royals V Jets Saturday 17th Church Men's Shed 9.00am GOLF - Narembeen - Cusack Cup - Mt Walker - Stroke **HOCKEY - Narembeen V Merredin** FOOTBALL - Narembeen V Nukarni Sunday 18th Church 9.30am Monday 19th Circuit Gym Arts and Crafts and Book Exchange at Community Shed 10.00am-4.00pm Historical Meeting - At Road Board Building 2.00pm Tuesday 20th Senior Citizens 2.00pm REED Narembeen bookings ADMIN 6832 3825 8.30am - 5.30pm **Shire Meeting** Badminton at Town Hall 6.30pm Wednesday 21st REED Narembeen bookings ADMIN 68 323 825 8.30am - 5.30pm PREPARE FOR WATER INTERRUPTION

Editor: Lorraine Lethlean