

The Fence Post

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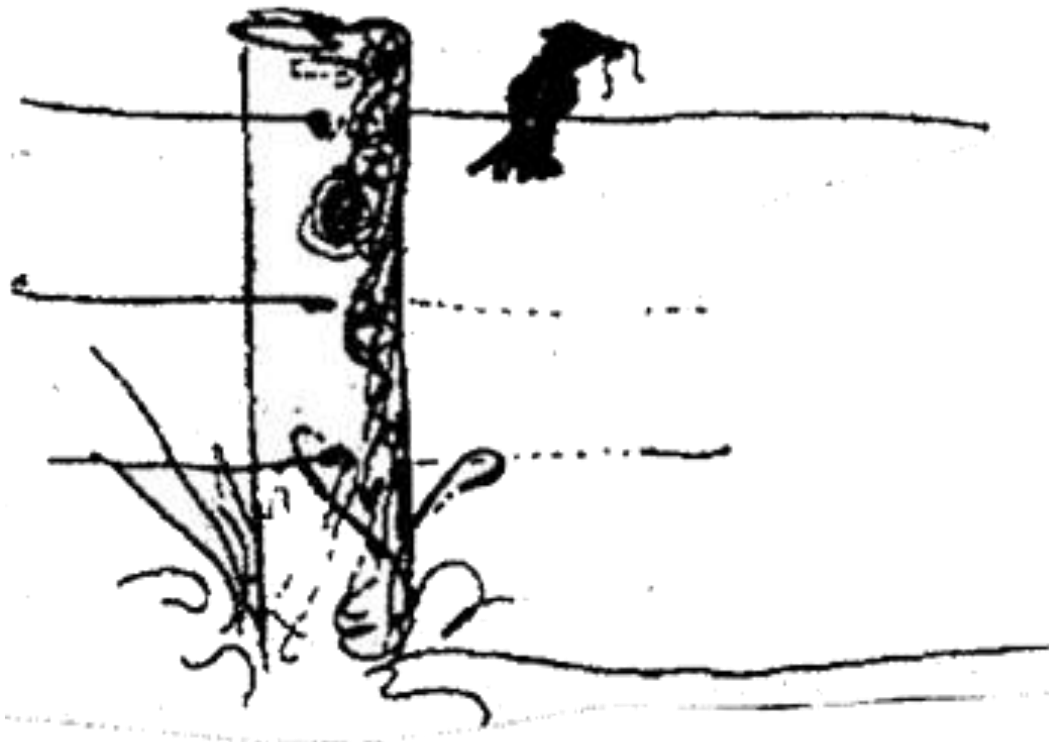
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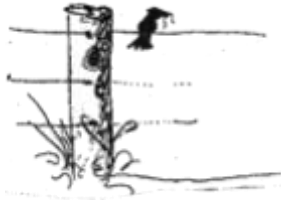
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The Fence Post - Informing the people of Narembeen since 1978



THE FENCE POST INC

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*** DEADLINE 10.30 AM TUESDAY ***

OFFICE HOURS: Tuesday 8:30 - 12pm

**News items or payments may be left at the front desk of the CRC
when the Fence Post office is closed.**

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	B&W	Colour		B&W	Colour
Small ads up to ¼ Page	\$7.50	\$12.50	One Third Page	\$10	\$17
One half Page	\$15	\$25	Two Thirds Page	\$20	\$33.50
Full Page	\$30	\$50			

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ANNUAL SUBSCRIPTION RATES 2020

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EDITORS

Gina DeLuis, Sherrie Heather, Lorraine Lethlean,
Maxine Miolini (Editor-in-Chief), Kellie Mortimore

ROSTER

20/10/20 K. Mortimore
27/10/20 L. Lethlean S. Woodfield R. Cole

The Fence Post is a weekly (45 weeks of the year) voluntary publication in A4, printed mainly in black and white, the email edition is in colour. The newspaper is printed by our local CRC on a Wednesday. There are no summer holiday editions. Advertisements received by email will be invoiced to that address.

Disclaimer

The views expressed in articles in this newspaper are not necessarily the views of the Editor or other volunteers who produce this newspaper.

The Editor has the right to withhold, edit or abbreviate any items.



Narembeen Weather

Day	Date	Max (°C)	Min (°C)	Rainfall (ml)
Tuesday	6th Oct	22.2		
Wednesday	7th Oct	25.2	13.4	
Thursday	8th Oct	25.2	12.4	
Friday	9th Oct	27	10.5	
Saturday	10th Oct	29.4	11.5	
Sunday	11th Oct	29.3	11.2	
Monday	12th Oct	31.6	11.2	
Tuesday	13th Oct		13.9	



NAREMBEEN HISTORICAL SOCIETY (INC)

Next Meeting: Monday, October 19, 2020
 Commencing at: 2.00pm
 At: The HISTORY CENTRE
 (Road Board Building)

All interested people and members welcome.

WHATS NEWS?

LOCAL

- Kids back to school for last term of what has been a different year for Staff and Students.
- New bowling green is now down and after a lot of watering and rolling should be ready to go.

REGIONAL

- Former Pingaring farmer Craig Stone avoids jail after targeting neighbours and friends in \$250,000 Christmas crime spree.
- The family of Esperance surfer Andrew Sharpe who went missing off Kelp Beds has remembered him as a "very loving father, life-partner and brother" as the marine search for his body is called off with their "blessing".

STATE

- A seven-year-old boy has miraculously been found safe and well after being kidnapped in his family car when a thief took off in the vehicle with the child inside. According to police, the boy woke up in the back seat of the Pajero, which was dumped in Forrestfield, at about 5.45am and knocked on the front door of the nearest house along Northumberland Road.
- WA greyhound trainer and owner Steve Withers has won a chance at a \$1 million prize in the world's richest dog race. And the whole State will be behind his homebred chaser Tommy Shelby on Friday night, with a win meaning 10 per cent of the earnings — \$50,000 — will go to Telethon.

NATIONAL

- More than 600,000 schoolchildren are returning to face-to-face learning in Melbourne schools this week after two months of learning from home under the city's second coronavirus lockdown.
- Researchers are calling for people who were infected with COVID-19 and their close contacts that did not catch the virus to participate in a study that looks into the immunity effects of the disease.

GLOBAL

- A viral video has shown the moment a massive tank of red wine exploded, flooding a Spanish winery with 50,000 litres of booze
- Boris Johnson is set to address the nation on Monday to outline new coronavirus measures that will see pubs and gyms shut down again as new restrictions are placed on England's hardest-hit regions.
- Rafael Nadal dominated Sunday's match to claim his 13th Roland Garros title and 20th grand slam championship in total, equalling Roger Federer's record.



Floral Wreath Workshop with the beautiful Elli from @flowersbyellipaige

\$99.00 including nibbles & drinks

Thursday 12th November - 5.30pm

Combining with our (belated) 4th birthday celebrations - so please pop in for a drink even if you're not keen on the workshop

Limited spots available

20% off all products in store = Christmas shopping head start!

Call Amy on (08) 90 647 302 to secure your spot!

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ALAN – a life well lived read by Daughter Susan Denton

Once upon a time, in the land down under, there lived a handsome young farmer named Alan who labored from dawn to dusk on the family farm southeast of the hamlet of Bruce Rock. One fine day, Alan was enjoying a rare few hours of leisure - hanging with his mates in town, when he saw something that was to change his life.... A lovely young stranger was peddling her bicycle down the street, oblivious to the admiring stares of the young men. As Alan watched Dawn's shapely derriere disappear down the street, he boldly declared to all and sundry - "I'm going to marry that!" - And he did. Fast forward three years... Our loved up newlyweds have journeyed far from family and friends to a small farm in a far corner of the shire of Corrigin. As night falls, Alan turns the loaded semi-trailer into the long driveway unaware that disaster lurks just beyond the gate in the form of a very deep, very muddy puddle - and within moments, the semi is well and truly bogged. And so it came to pass that our intrepid young couple have no choice but to walk the two miles from the gate to the homestead - in the dark. Dawn determinedly clutching the two juice steaks she is planned to cook to celebrate their first night in their new home. They arrive at the house at last and Dawn is confronted with a sight guaranteed to instill fear into any new bride.... an ancient wood stove. But she manages to get the stove lit and before too long the steaks are sizzling in the frying pan... but then...Whoosh! An avalanche of soot falls out of the chimney and smothers the half cooked steaks. It's the final straw. "I want to go home to my mother" sobs Dawn. And that could have been the end of our story but fortunately for us, Alan persuaded her to stay and they settle down to married life. As well as working the existing holding at Corrigin, Alan now tackles the daunting task of clearing a scrub block at Billericay and turning it into arable farm land, for he saw opportunity where others only saw years of hard graft for an uncertain reward. Additional workmen were employed to help with the mammoth task and that increased Dawn's workload exponentially but she took it all in her stride and did what needed to be done with limited resources and an unwavering faith in Alan's vision. I can't remember a time when we weren't joined by two or more workers for meals. One or two stayed with us for so long they became like family while others came and went depending on the season. 9 years pass quickly... The farm at Billericay is finally up and running and a former Doctor's house in Perth is dismantled and relocated to the property to provide a roomy home for their growing family. They name their new home - DALAWN. Farmers have traditionally been innovative and resourceful from necessity, but Alan took innovation to a whole new level on a daily basis by improving, modifying or repurposing almost every piece of equipment or machinery he used. There are several well-known manufacturers of farm machinery that benefited from his unselfish willingness to share his ideas but you'll not find his name associated with any patent because for Alan, it was never about money or accolades. His sole reward was the satisfaction of solving the puzzle the initial problem represented. If you're interested in hearing about some of those innovations, however, Ray has a wealth of stories he is more than happy to share with anyone who'll listen. Growing up we girls weren't really aware of this side of "Our Dad" so it is the more personal stories we remember and enjoy sharing the most. Like the way he would always insist on driving home after a cabaret but would only get a short way down the road before he pulled over and crawled into the back of the station wagon, nestle down in the middle of us kids and promptly drop off to sleep - leaving Mum to drive home. Or how he spent the first two days of our annual holiday in Rockingham recovering from the rigors of harvesting

asleep on the beach. He actually slept so soundly he inevitably woke to find he was buried in the sand up to his neck. Once his energy level returned to normal however, he would happily spend hours romping with us in the ocean. Busy, happy years passed all too quickly. Children grew, married and started families of their own. At last count there are 19 grandchildren and 34 great grandchildren. Dawn eventually convinced Alan to leave the farm and move into town. The family were initially concerned about how he'd cope but our fears proved groundless for he discovered... the Men's Shed. Alan loved nothing more than working quietly on some project or other and having a yarn with anyone who wandered by. He was the ultimate recycler and could make almost anything from a couple of old pallets and a few bolts. Covid-19 hit and he was denied access to his beloved shed. And yes, it's true they may have had to change the locks a time or two to discourage him from sneaking in to finish whatever project he had on the go. His rather unique sense of humor has left many a recipient scratching their heads in bemusement. He took great delight in delivering a totally outrageous statement and seeing the baffled expression that inevitably followed. Such as the time he marched into the hardware store and loudly announced that they had sold him a bunch of "geldings". It turns out he had recently purchased some bolts for the shed but they had come without their corresponding nuts - hence the geldings. Those that benefited from Alan's many projects know who they are and don't need cataloging here but it was his final project that possibly held the most significance for him personally, because it represented a connection with our family's pioneering past. And even though others only saw a pile of junk he saw its potential and spent many blissful hours lovingly restoring a piece of local history that would have been lost forever and then detailed its story for all to enjoy in the display you see on the table. Alan Sedgwick was a self-effacing man who spent his entire life working for the betterment of his family and the wider farming community.

We will never see his like again.



NAREMBEEN TENNIS CLUB NEWS



This Sunday will be a handicap tournament commencing at approximately 2pm. Please put your name into Robert on the Facebook page or text to 0428616030

Saturday was the first game of pennants for the year with both teams playing at home. Both teams were winners.

The battle of the sexes goes to the Men this week.

There was another good roll up to social tennis on Sunday. The weather was perfect for tennis with some good fiercely contested games throughout the day.

This Saturday the fixture Nbn 2 v Kondinin has been rescheduled to a date to be confirmed owing to Kondinin being unable to field a side due to a wedding.

Hyden v Narembeen 1 1.30pm start

M. Miolini	E. Miolini
D. Hooper	N. Cole
A. Pascoe	W. Hooper
Dan Waldorf	C. Wanless
	M. Miolini



Upcoming Events : Friday 16th October – Hyden Mens Day

Friday 23rd October – Kondinin Ladies Day.

Sunday 25th October – Doubles Championships

Subs are now due.

Full sub \$120.00 includes social ball fees

Social playing sub \$20 - \$5 ball fee each time you play

Social Non playing member \$10

BSB – 306-026 Account Number 4179914 – Please put your name as reference.

Arvo Tea Roster – Please put your name down for the roster on Facebook. It was decided that arvo tea will be sandwiches and savouries with 2 people on roster each week.

MT WALKER SPORTS CLUB INC.

NOTICE OF ANNUAL GENERAL MEETING

Date: Wednesday 14th October

Time: 7.00pm

Venue: Mt Walker Sports Club

All members encouraged to attend

Apologies and agenda items to
Courtney Bormolini 0488333492 or
courtneybormolini@gmail.com



Bowls Notes



Men

Pennant season kicked off on Saturday with the usual local derby.

Golf prevailed on two rinks with "Tiger Eric Tenardi" getting the better of "Wrongan Roy Gray". The other win was by Micky Hall who backed over his boss Arthur Cousins.

Maroon winners were Mike and John Currie who defeated Greg Vaughan and a chainsaw depleted Steve Welsh.

Final score 6-2 to Maroon. Golf may regain some of their shine this week against Bruce Rock.

Sunday Social

24 players took part, playing 3 games of 8 end triples

The day began shakily with a grumpy Captain and irate Treasurer – causes unknown.

Winners were A. Yandle, M Noack and J. Cusack

Runners Up were D. Woodfield, G. Latham and R. Cole

We have a number of newer bowlers at the moment. Good to see the experienced players offering them coaching tips throughout the day.

Next week will be drawn pairs, names in by 11.30am Sunday.

Pennant Sides – Saturday 17/10/2020

Bruce Rock Gold v Narembeen Gold

G. Vaughan	F. Copeman	J. Padfield	N. Rogerson
M. Hall	J. McCummiskey	L. Maringoni	P. Suckling
E. Tenardi	S. Fry	J. Hathaway	D. Maringoni
S. Welsh	D. Woodfield	G. Loader	A. Lyon

Bruce Rock Purple v Narembeen Maroon

A. Cousins	K. Butler	G. Latham	J. Irving
M. Currie	R. Hayter	H.J. Cowan	A. Hardham
R. Gray	A. Yandle	K. Anderson	G. Johns
J. Currie	T. Cole	K. Miller	D. Hayter

Bus leaves at 1pm



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WANTED

House or unit to rent in Perth - all areas considered - short term lease

- ⇒ Availability towards end of October
- ⇒ Willing to pay rent in advance to secure rental
- ⇒ Very good rental history

Please contact John or Kasse McCumiskey - 0458 135 180 /
0427 618 031



NOTICE:

CLOSE OF BUSINESS

**Rob Roy Panelbeaters will cease trade by
the 31st October 2020**

It was a hard decision and it is with a heavy heart that I will be closing my doors

I would like to sincerely thank all of my loyal customers from over the years - your support has been hugely appreciated!

Please contact me ASAP for any last minute work and I will do my best to fit you in

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Narembeen/Bruce Rock Clinic Dates 2020

Location A: Narembeen pop-up shop, 19 Churchill Street

Location B: Bruce Rock Pony Club on Dunstal Street

Wednesday, 28th October 2020

Please call 90411734 to make an appointment

A photograph of a woman's legs from the knees down, sitting on a white plastic bench outdoors on grass. She is wearing blue strappy sandals with silver glittery details. The text 'Feet With Flair' is written in a large, elegant cursive font across the top of the image. Below it, in a smaller serif font, is the text: 'Summer Collection of Shoes, Sandals & Accessories', 'Narembeen', 'Pop Up Shop', 'Monday 26th Oct 11.00-5.00', and 'Tuesday 27th Oct 9.00-4.30'. In the bottom right corner, the words 'COVID SAFE' are written in a large, bold, sans-serif font.

NAREMBEEN DISTRICT HIGH SCHOOL
INDEPENDENT RURAL EXCELLENCE
LEARN - ACHIEVE - SUCCEED

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 Narembeen WA 6369
 Phone: 08 9064 7286 Fax: 08 9064 7029
 Email: Narembeen.dhs@education.wa.edu.au
 Website: www.narembeendhs.wa.edu.au



Principal: Mrs Chris Arnold **Deputy Principals:** Mr Russell Arnold
 Ms Lynda Cornish

Our Values:
 Learning, Excellence, Equity & Care

NEWSLETTER 15/20 October 13 2020
IMPORTANT DATES

Day and Date	What's Happening
Wed October 21 2020	Book Week activity: 6:00 - 7:30pm @ school (info in this newsletter)
Thurs October 22 2020	Mental Health Week activities: STUDENTS TO WEAR BLUE ☺

FROM THE PRINCIPAL

Well it is the final term of a year that will go down as one of the most challenging in modern history. Many of us have friends and family in Victoria, which is still doing it tough, while others have family and friends in other countries around the world, where 2nd wave outbreaks of COVID-19 have meant reinstating measures to stop the spread. Whilst we in Western Australia are at present continuing to have some semblance of normalcy, that is not the case elsewhere. As we go into the final term of 2020, we hope that we can continue to stay out of lock down, able to travel within the state, meet up with family for Christmas, New Year and holidays and start 2021 looking positively to the future. We hope that our Concert can go ahead, that our Year 10's get to have their Graduation Dinner Dance and that our students can continue to learn in the classroom and not from home.

So much has happened since our last Newsletter, our students have had wonderful successes, we have had Camp and Country Week, the Interschool Athletics carnival, our final assembly for 2020, and new air conditioners put in most rooms over the holidays! This is going to be a long newsletter but please take the time to read it, most of it is about the outstanding students we have, the manner in which they compete and conduct themselves and their successes ☺

WEEK 1 QUOTE: entering our last term of learning this might be relevant to some ☺

'The capacity to learn is a gift; the ability to learn is a skill; the willingness to learn is a choice.'
 Brian Herbert

ASSEMBLY FRIDAY SEPTEMBER 18 2020

Many thanks to our Year 2 class for running a wonderful last assembly on Friday September 18 2020. It was once again terrific to see the way in which our younger students have the confidence to speak in public and perform with ease. The Pre-primary students provided us with an excellent class report, showing us what great learning is happening in the centre. Well done to **Emily and Joey** for their work in preparing the students. Many thanks to all of the parents and grandparents who came along to watch, I am sure you loved the entertainment. The last community karaoke was "Let it Go" from Frozen and it was a popular choice with both parents and students getting into the singing ☺. Thanks **Amy** for all of your work in ensuring that these songs were introduced to the students for the assemblies.

AUSSIE OF THE MONTH: CHEYENNE CUMMINS

Cheyenne quietly and cheerfully gives up her time to listen to the Year 1 students read and to check their sight words. She motivates the students and they are always keen to read to her. Cheyenne is a reading role model and has a positive impact on student learning. Thank you for volunteering.



HONOUR CERTIFICATE WINNERS:

Congratulations to the following students who were presented with honour certificates at Friday's assembly:

STUDENT	YEAR	STUDENT	YEAR
Max Gmeiner	Pre-primary	Portia Fidge	Year 6
Alfie Cowan	Pre-primary	Tanner Miller	Year 6
Tergel Tsogtgerel	Year 1	Tahlia Ashmore	Year 8
Norma Jackamarra	Year 1	Makayla Cole	Year 8
Charles Robinson	Year 1	Cameron Hills x 2	Year 8
Lyla Hayter	Year 2	Rachael Padfield	Year 8
Abbi Conkling	Year 2	Alice Hardham	Year 8
Kobi Lyon	Year 2	Sari Wilson x 2	Year 9
Rhienna Parsons	Year 3	Nash Cheetham	Year 9
Rhave Palompo	Year 3	Madison Collard	Year 10
Ava Batty	Year 5	Zac Maringoni	Year 10
Bowdan Cole	Year 6		



UNSW ICAS CERTIFICATE WINNERS:

Above: (L to R) Sari Wilson, Taliyah Ashmore and Sarah Lines

SCDHSSA INTERSCHOOL ATHLETICS 2020**NAREMBEEN DHS TEAM WINS OUTRIGHT SHIELD IN 2020: BE PROUD, WE ARE!**

On Tuesday September 15 2020, a team of close to 75 athletes took part in the 2020 SCDHSSA Interschool Athletics carnival at Corrigin. **We would like to congratulate every member of the team for the manner in which they competed, regardless of where they came in their event. We would also like to acknowledge and commend the team on their behaviour, sportsmanship and cheering throughout the day.** They do have their 'pep rallies' prior to attending the events but our team just never stop cheering, they are there to be a part of a team and they do a great job. Once again, we won the outright shield, getting over 100 points more than any other school off scratch, but there have been improvements in other schools, so we have to maintain the standards, keep working hard to be the best that we can be, and have another go at the outright shield in 2021. It must be mentioned that we won 8 out of 8 team games, and that is simply outstanding!! **'Execute the skill'** works a treat 😊!

RESULTS 2020:

Handicap	Narembeen 0	Kulin 133	Bruce Rock 136	Corrigin 143
Handicap Shield	Kulin 564.5	Narembeen 544.5	Corrigin 408	Bruce Rock 292
Outright Shield	Narembeen 544.5	Kulin 431.5	Corrigin 265	Bruce Rock 156

Interschool Champions and Runners-Up 2020: Well done to the following athletes ☺

MEDALLION	NAME
6 years girls champion	Norma Jackamarra
6 years girls runner-up champion	Daisy Hooper
7 years girls champion	Imogen Hickey
7 years boys runner-up champion	Aden Smoker
8 years girls runner-up champion	Macy Cole
8 years boys runner- up champion	Charlie Cusack
9 years girls runner -up champion	Ebony Garlett
9 years boys champion	Noah Smoker
10 years girls runner-up champion	Mia Parsons
12 years boys champion	Jace Browning
12 years boys runner-up champion	Nicholas Oldcorn
13 years girls champion	Rachael Padfield
13 years girls runner-up champion	Alma Blurton
13 years boys champion	Cameron Hills
14 years girls champion	Cobie Stirrat
14 years boys runner-up champion	Albert Eades
15 years girls runner-up champion	Madison Collard
15 years boys champion	Oliver Miller
16 years girls runner-up champion	Zali Smeed
16 years boys champion	Levi Duffy
Open girls 1500m runner -up champion	Mia Parsons
Open boys 1500m champion	Oliver Miller
Open boys 1500m runner -up champion	Nash Cheetham



OUR WINNING SCDHSSA ATHLETICS TEAM 2020



OUR MEDALLION WINNERS INTESCHOOL ATHLETICS 2020



Absent: Oliver Miller



COUNTRY WEEK 2020

The year 2020 was both mine and Russell's 22nd Country Week. We have had many great teams, individual athletes and results over these years but I have to say, I think that the 35 students who went away this year, were our best yet. Apologies to all of those who have been before, you were great but these kids were just outstanding. Taking the results away from the week, the students did everything that was asked of them, we never had to remind anyone of the standards we expected, no student was spoken to regarding an incident or poor behaviour at any venue, the sportsmanship of all athletes was exemplary and, as I said straight after the event on social media, it was a pleasure to spend the week with them. To top off the week, they also did very well on the sports field, bringing home three shields. We won the B Grade boys basketball, the A Grade netball and B Grade netball. As a community, you should be very proud of the manner in which the students, over the week, represented the maroon and gold. We were very proud of every one of them, regardless of the results of the games. Isn't it great to be able to give such positive accolades to a group of teenagers who are at an age that comes with its own set of obstacles, stresses and change. We cannot sing their praises enough, if you are the parent of one or more of them, be very proud!

'A' GRADE NETBALL 2020

Narembeen had been trying for many years to have success in the A grade competition and finally hit the jackpot last year (after 21 years!). So it was a no brainer that we were nominating our number 1 team into the A grade competition to try for back to back wins. We had some of our 2019 team members remaining and Alice Hardham and Amelia Currie were ready to step up into the team. The side, led well by co-captains **Lahkeisha Brown and Madison Collard**, knew the Narembeen netball set plays and never missed a beat all week. Our attack of **Indi Collard and Alicia Hills** were terrific in the circle, with centre **Lahkeisha Brown** showing her huge development as a player after a season in the senior A1 side. **Amelia Currie** gained confidence at wing attack and showed off her excellent passing and feeding skills. **Alice Hardham** slotted into the defensive wing position nicely and was always available in attack, while the back line of **Madison Collard and Keisha Eades** was exceptional all week. People were amazed that I had a voice after a week of netball, but these girls needed very little direction. They took on board all advice, acted on feedback and worked hard to stick to our 'playbook' and remained undefeated throughout the carnival. **Narembeen A grade, you were simply amazing all week, I hope that the memory of this excellent week of sport stays with you, you were very, very good!!**

A Grade Most Valuable Player (tie): Indi Collard and Madison Collard

A Grade Grand Final MVP: Keisha Eades

NAREMBEEN 'A' GRADE COUNTRYWEEK NETBALL WINNERS



Back Row: Keisha Eades, Alicia Hills, Madison Collard (co-captain) & Lahkeisha Brown (co-captain)

Front Row: Amelia Currie, Alice Hardham & Indi Collard



NAREMBEEN 'B' GRADE COUNTRYWEEK NETBALL WINNERS

It felt like a long week of netball for Narembeen 2, but it was a good one. With only seven players in the side, it meant the girls had a lot of netball to play and with our fingers crossed that we could see the week through without any injuries. We made it through the grading days winning all our games and were graded to continue in the 'B' grade competition. We had a few tough games and managed to finish on the top of the 'B' grade ladder undefeated, winning the opportunity to play in the 1 v's 2 Grand Final on Friday.

The grand final was a well contested game and I am pleased to report that every player on the court had saved their best for the last game. They had a great game, opening up a lead immediately and increasing it at each break. Every player took the court with their own personal goals for the game, ready to play the team game and finish their week undefeated. The team spirit and commitment to play the team game saw the girls come away with a very good win over a competitive Geraldton Grammar side. Well done girls, you had a fantastic week and came home with the shield.

Mrs Bianca Currie (Coach)

B Grade Most Valuable Player: Rachael Padfield

B Grade Grand Final MVP: Cobie Stirrat



Back Row: Rachael Padfield, Makayla Cole, Cobie Stirrat & Zali Smeed (co-captain)

Front Row: Alma Blurton, Leiyah Butler (co-captain) & Lucy Currie



NAREMBEEN 'B' GRADE BOYS BASKETBALL WINNERS

The message throughout the week at Country Week basketball was really simple; 'What kind of person do you want to be?' What this means is that the boys were questioned about how they wanted to behave and how they wanted to contribute to their team. They were encouraged to be the best team member they could possibly be and have great fun doing so. They were told the result would look after itself. We started the week in 'C' Grade for the grading and played short games against five other teams through the first day and a half. The boys gelled well and showed encouraging signs of becoming a good team quickly. **Nash Cheetham** was relishing a ball carrying role and the small boys were growing in confidence within what can be an intimidating environment. While the older boys were setting high standards for others to follow. On Tuesday, we were all a bit nervous when we were placed in 'B' grade but to their credit, they stepped up to the challenge. Throughout the rest of the week they went undefeated and played some wonderful basketball. Nash continued to relish a leadership role and **Olli Miller** won a voucher from the tournament organisers for his play early in the week. They were challenged in every game and rose to the challenge wonderfully well.

In one game their opposition pressured them over the full court and instead of playing individually and trying to carry the ball past their opponents, the boys passed the ball the whole way down the court and scored. They were playing real team basketball. **Zac Maringoni** was a wonderful example of this as he had a tremendous week with some exquisite passing and desperation to get the ball back for his team.

They played their worst game of the week in the Grand Final. For whatever reason, they found the going tough. Their opposition was very good and they were continually challenged. However, they didn't panic, they stayed calm and stuck to moving the ball and playing their way. **Levi Duffy** was a wonderful leader and player in this game, as he led his team and his mates to a well-deserved competition win. It was a great week from a fine group of young men, they were beautifully selfless and fantastically tough. It was a great win that they all worked hard for.

Mr Craig Gmeiner (Coach)

Most Valuable Player: Nash Cheetham

Coaches Award: Zac Maringoni

Grand Final MVP: Levi Duffy





Back Row: Stephen Cummins, Oliver Miller, Zac Maringoni, Albert Eades, Nash Cheetham, Levi Duffy (Captain) & Mr G (Coach)
Front Row: Cameron Hills, Deakan Miller, Cameron Oldcorn, Zack Garlick & Teejay Jones



Our proud captains and the 'silverware'!

NAREMBEEN C GRADE NETBALL

This team, a mix of four young netballers and four non-netballers, were placed in C grade and unfortunately, after grading, remained in that grade instead of being placed in the grade of our choice, D grade. However, the girls didn't mind, they played some great netball and hopefully learnt from the experience. **Keira Butler** led the team well, with co-captain **Sarah Lines**, and **Sari Cusack**, in a key defensive position had a great week. Well done to our players who have never played before, you gained knowledge and skills as the week went on.

OUR DEEPEST SYMPATHY IS EXTENDED TO THE SEDGWICK FAMILY

On behalf of the Narembeen DHS community, I would like to extend our condolences to **Ray and staff member Hillary** on the sudden passing of their father/father in law, Mr Alan Sedgwick, last week. Mr Sedgwick was also great-grandfather to student **Ava Batty**, and we express our deepest sympathy to her, **Jodie and Chris and their extended family at this sad time**. The memorial service for this long standing and respected member of our community is today.

HUGE THANK YOU TO OUR WONDERFUL PARENTS FOR THIER HELP WITH CATERING ☺

Again on behalf of the Narembeen DHS community, I would like to thank all of the parents out there who are so quick to put up their hands to assist our catering committee. I know that they have catered for the Golf Club wind-up and have also been asked to supply the luncheon for the celebration of Mr Sedgwick's life today. The speed at which you, our parents, put your hands up to assist is truly a credit to you all. What a great community we all belong to, keep on being you please ☺.

VERY IMPORTANT THANK YOU'S TO STAFF AND PARENTS

There has been so much happen in the past month that I have so many thank you's to so many people. Firstly, let's go with staff!

Hannah and G, thank you so much for your efforts to ensure that our athletes were prepared for the carnival through your work in PE lessons. To all of the **primary staff**, thank you for the efforts you put in during daily fitness to ensure that skills were continuing to be perfected. To **G, Hillary, Hannah and Mel**, thank you for giving up your time to do lunch and recess time training for flag races and relays. **Hannah**, thank you for your after school sessions every Wednesday throughout Term 2, your commitment to our school does not go unnoticed. To **Hannah, Bianca, Elaine, G and Lynda**, thank you for your efforts at the Interschool carnival, admittedly the students were not a problem but it was still a long, hot day and you all did a great job ☺. For camp, how can we thank you enough **Lauren**? You are an outstanding practitioner and you also ensure that the class you teach gets to have a great week away. It is a lot of hard work and for that, thank you very much. **Joey Cheetham**, thank you for stepping up to be IC in the last week of school. It is never easy if something goes wrong but you did a great job ☺. To **Russ, Hillary, Bianca, G, Lynda and Heather**, thank you for making Country Week possible. To coaches **Bianca, G and Hillary**, well done on the manner in which you ran your teams, and thank you to **Lynda** for her efforts at the netball, assisting all three teams when needed. To **Russ**, who once again drove the bus for us throughout the week, good job ☺.

On to our parents, thank you to all who **assisted on a pit or throw** at the Interschool carnival and to **Holly Cusack** for her work as a judge. Thanks to the **Ashmore and Mortimore families** for allowing us to make use of their covered trailers for Country Week and Camp (I think

Morti's trailer has been to Country Week almost as many years as me!). Finally, a massive thank you to Dylan Cole for giving up a week of his time to assist Lauren on the primary camp and drive the bus for us. This is a huge ask and we deeply appreciate the time and effort that Dylan has put in to this event over the past few years. Cheers Dylan, we love your work 😊.

NEW AIRCONDITIONERS: HUGE THANKS AND APPRECIATION TO 'GO NAREMBEEN'

Many of you may have known that we have been for some time trying to get our air conditioning upgraded. The Department of Education will only replace like for like, so to change to refrigerated/split systems, we were required to make up the difference. Over the holidays, all primary class rooms (except the Year 2 which was upgraded through the generosity of the Narembeen Medical Centre in 2019), the Mathematics room, the Home Economics room and the current Pre-primary building have been upgraded from gas heaters and evaporative air conditioning, to splits or reverse cycle ducted systems. This is due totally to the amazing generous donation from Go Narembeen of \$25,000. We are forever grateful for your support of our school and cannot thank you enough for allowing this upgrade to go through. Thanks to Aaron and Kell Lyon for their forward thinking on this matter, and to Russ Arnold and anyone on 'Go Narembeen' who was directly involved in this project.



Above: Our students jumping for joy on the first day back in front of the primary wing. The brand new air conditioners can be seen on the roof 😊.

WE CAN'T THANK YOU ENOUGH

SPORTING SUCCESS

On the last weekend of term, Saturday September 19 2020, the Narembeen Netball Club was involved in the Merredin Netball Association grand finals in all three grades. Our U/15 side started the day off with a 21 goal win in their game, with the A2 winning by 26 and the A1 by 8. A great day for Narembeen and our students, as 15 of them were involved, 10 in the junior side and 5 in the senior sides. **Madison Collard and Lahkeisha Brown** played in the senior A1 game while **Keisha Eades, Alicia Hills and Leiyah Butler** played in the senior A2 game. Congratulations also to staff members **Mel Baldwin (A1) and Bianca Currie, Chloe Magditsch, Amy Hardham and Ash Hunter (A2)** who were winners as well.

Well done also to the following students who won awards for the 2020 season in either the junior or the senior competition in netball and football:

U/15 Most Valuable Player: **Indi Collard**

U/15 Most Consistent: **Alice Hardham**

U/15 Most Improved: **Sarah Lines**

U/15 MVP Grand Final: **Indi Collard**

A2 Fairest & Best: **Alicia Hills**

A2 Runner Up Fairest & Best: **Keisha Eades**

A2 Players Choice: **Keisha Eades**

A1 Players Choice: **Madison Collard**

Junior Incentive Award: **Madison Collard**

Coaches Award Reserves Football: **Oliver Miller**



Our very happy U/15 winning side:



Back Row: Sari Cusack, Cobie Stirrat, Makayla Cole, Alice Hardham & Indi Collard
Front Row: Kiera Butler, Lucy Currie, Amelia Currie, Rachael Padfield & Sarah Lines

CONGRATULATIONS PAST STUDENTS - LEADERS IN THEIR NEW SCHOOLS ☺

Well done to **Jess Padfield**, who has been elected as a Boarding House Prefect at St Bridget's College for Year 12 in 2021. Congratulations also to **Ryan Mortimore** who has been elected as Captain of Cygnet at Wesley College for Year 12 in 2021. You both showed your leadership potential early and we know you will lead by example. Good luck.

KINDERGARTEN TRANSITION REMINDER

As all of the relevant parents know, this five-week program starts next **Monday October 19 2020**. The sessions will run from 9:00am - 11:00am and students can start arriving at 8:50am. This is a big year group and we look forward to them becoming friends and learning social skills as well as becoming prepared for the year to come. We hope this will help to reduce separation anxiety in the initial weeks of school. The mornings will include fun language activities as well as a perceptual motor program which will focus on fine and gross motor skills. **Parents are to ensure that the students morning snack is nut free please.**

The parent schedule for the five- week program is outlined below:

Term 4	Date	Parent Activity
Week 2	Monday October 19 2020	Spend 30 minutes in the room with your child and then move to staff room/outdoor classroom for coffee and cake ☺
Week 3	Monday October 26 2020	Triple P with Carissa Wanless
Week 4	Monday November 2 2020	Triple P with Carissa Wanless
Week 5	Monday November 9 2020	Triple P with Carissa Wanless
Week 6	Monday November 16 2020	Allied Health presentation plus a meeting with kindy teacher, Chloe Madgitsch and Principal, Chris Arnold

PARENT SURVEY 2020: CLOSES OCTOBER 23 2020

Every two years, it is a requirement that the school ask parents, staff and students to complete a survey to give us feedback on how you believe we are going in our core business of improving student educational, behavioural and social outcomes. We obviously cannot influence your responses at this stage, but like to think that we have influenced them positively, on a daily basis, over the past two years. No school is perfect, but I see a lot of them, and we have a pretty good thing going on here ☺. **Your survey link has been emailed to you ☺. Thank you in advance for your participation in this completely anonymous survey.**

POSITIVE REWARDS POINTS



The following students received 10 points for their faction. Well done!

Name	Faction	Name	Faction
Zac Maringoni	Gold	Mason Kuhne-Munroe	Gold
Jack Murfit	Gold	Gemma Federici	Maroon
Kate Smoker	Maroon	Levi Fidge	Maroon
Toby Slade	Gold	Imogen Hickey	Gold
Bowdan Cole	Gold	Aden Cole	Maroon

MRS CHRIS ARNOLD
PRINCIPAL

AN OPEN LETTER TO THE COMMITTEE OF 'GO NAREMBEEN'

Committee of Go Narembeen

On behalf of the Narembeen DHS school community I would like to thank the committee for their generosity in subsidising the cost of Country Week and Camp for students at our school. In addition, I would like to pass on a couple of anecdotes that add some context to the importance of Country Week to our students and the school community.

In the years that I was involved as the MC of the Year 10 graduation ceremony, I would ask the students for information that I could include when introducing them. Almost without fail, their responses to the question "What is the most significant memory you will take with you of your time at Narembeen DHS?", they would answer "Country Week". It is a noteworthy part of Year 10 and serves as a celebration of their time at school. It cannot be under stated as an important part of the school calendar.

As a school, we have always endeavoured to keep the cost of Country Week and Camp as low as possible. We carry out fundraising activities and contribute significant funds from our school budget. The students take an active role in the fundraising so as to give them some ownership of the activities, and it doesn't just become a hand-out. Keeping the cost of Country Week and Camp to a minimum is important, particularly for those families that may have 2 or 3 students attending. This year, prior to your contribution, we had reduced the cost of Country Week from \$480 to \$190, and camp from \$625 to \$190. After your \$70 per student, the cost for both was \$120.

Whilst attending this year, we heard of a school where the cost of Country Week was upward of \$500, they had done no fundraising, nor had the school contributed any subsidy to reduce the cost. As a result, 14 students were unable to attend. As a school community, we would not let this happen. I can only imagine the split that this could cause within a student body, those who went and those who didn't, those that can speak of the fun time they had, and those who cannot. The COVID-19 situation has impacted on many aspects of our lives, and for some families there has been the additional financial stress added as a result of changes to employment. Your generosity has ensured that the impact of COVID-19 has not taken away the joy of Country Week and Camp. I hope that you get a deal of satisfaction from knowing the positive impact you have had on both our school and the wider community.

Thanks again, and kind regards.

Mr Russell Arnold
Deputy Principal

A NOTE FOR OUR PRE-KINDY PARENTS

A reminder our Pre-kindy program starts on Monday October 19 2020. These sessions will take place in the Kindergarten room (which is the new, non-brick building closest to the school). Doors open at 8:50 for a 9am start and we will finish at 11am. Please remember to pack a hat, drink bottle and a morning tea snack. **Please ensure that the snack does not contains nuts, as due to one student having an allergy to these, we are going to minimise all nut products in our early years' rooms for the next couple of years.** We are looking forward to welcoming all our new kindy kids and their parents next week. Remember that a parent or guardian must be onsite with the students at each session, although not in the room with the class.

Miss Erin Lindsay
Pre-Kindergarten Program Co-ordinator

YEAR 5/6 CAMP

The last week of Term 3 saw the Year 5/6 students head off to Swan Valley for a week of fun and adventure! The kids participated in several activities including canoeing, ice skating, laser tag, crate stack and a commando course just to name a few. A fantastic time was had by all and hopefully they've created some wonderful memories.

I cannot thank **Dylan Cole** enough for making camp possible. We are so lucky to have someone willing to give up a week of their lives to enable our kids to have such amazing opportunities. He is an absolute superstar and the kids and I are so grateful for all his hard work. I also want to thank the kids for their boundless enthusiasm, willingness to have a go, positive attitude and wonderful behaviour. *I'm just so proud, and so privileged, to be your teacher.* Miss V



MONSTER HAMPER RAFFLE RESULT:

Many thanks to everyone who bought tickets in our Monster Hamper Raffle, we raised \$1732.00 which went towards camp and country week. Congratulations to the lucky winner, Kelly Williams, with ticket number 811.

MENTAL HEALTH WEEK ACTIVITIES AT NDHS THURSDAY OCTOBER 22 2020: DRESS IN BLUE ☺

To celebrate Mental Health Week our school would like to extend an invitation to the parents and the wider community to come and join in on the activities that our students will be involved in. Come in at 12:10pm sharp next Thursday, October 22 2020, for some **Konga with Kasse**, followed by a short 'Wellness Walk' through our school to view some exciting projects that we have been working on. We know you will come out feeling more positive and mentally healthy! **Students can dress in the colour blue!** They also **don't need** to bring lunch as Mr Conkling has been kind enough to organise a **yummy sausage sizzle!**



P & C NEWS

THANK YOU FROM THE P&C CATERING COMMITTEE

Thank you so much to all the families who have donated food and assistance recently. Since the last newsletter we have catered for the Golf Club Windup and the Memorial Service for Mr Alan Sedgwick. As always, offers of help were quick to arrive and very much appreciated. These functions are always a team effort, and we value each and every family that so willingly get involved.



From the Managers Desk

Well, its definitely going to be a very busy couple of weeks here in Narembreen!! Hopefully everyone is going ok, please remember it is Mental Health Week and it only takes two minutes and the smallest bit of effort to check in with someone, to make sure they are doing ok. Here are some tips that can help with your mental health:

Tip 1 - Talk about your feelings and how you are going.

Tip 2 - Volunteering in your community is rewarding.

Tip 3 - Laugh!

Tip 4 - Spend meaningful time with kids

Tip 5 - Friendship is a two-way street.

Tip 6 - Don't bottle up your emotions.

Tip 7 - Your value is who you are.

Tip 8 - Learn to forgive and apologise.

Tip 9 - Don't get stuck to your usual routine.

Tip 10 - We are not defined by our past.

Tip 11 - Take things one at a time.

Tip 12 - Write down something you are grateful for everyday.

Tip 13 - Get active.

Tip 14 - Looking after your body also looks after your mental health.

Tip 15 - Physical activity can improve your mood.

This Saturday, on the last day of Mental Health Week, 17 October 2020 is the 'Narembreen Riding Together' Family Bike Day! **Please remember this event is open for the whole community to attend.** If you don't have a bike, that is not a problem at all. Just bring your scooter or even your gopher or just come along to be apart of this great community event. There will be a free breakfast provided with games and activities where prizes can be won and

also a bouncy castle for the kids. We would love to see as many community members there as possible, even if you just stop in for a cuppa. The Community Bike ride will be happening at the conclusion of the community breakfast, so if you'd like to be apart of it, make sure you stay and get your helmets ready!

This is a great opportunity to mix and mingle with the community as "Communities who ride together, stay together". Looking forward to seeing you all there for a 9.00am start.

The CRC has another very exciting event coming up on Saturday, 24 October 2020 at the Narembreen CRC. 'A trip through Library Lane' is a free children's event for the little ones of our community. Please come along and experience a laneway of learning and fun!! Starting at 9.30am—12.00pm. A healthy lunch will be provide for all as well as some great learning activities such as; a story tent, bookmark competition, a scavenger hunt, face painting and much more!! Our little ones are in for a great morning. After lunch at 12.30pm the fair game activities, organized by our one and only police officer Richie, will start at the oval.

The Community Markets has had a change of location, please spread the word that this year, it will be held and the Narembreen Town Hall. We already have some great stalls coming, new and old and would love some more. If you would like to be a stall holder at the 2020 Narembreen Community Market Day, please contact the CRC on 9064 7055 or ccreception@narembreen.wa.gov.au.

Vanessa Wittstock
CRC Coordinator

FREE

'NAREMBEEN RIDING TOGETHER'
FAMILY BIKE DAY

ALL AGES WELCOME



Saturday, 17 October 2020
Narembeen Town Oval, 9:00am

"COMMUNITIES WHO RIDE TOGETHER, STAY TOGETHER"



JOIN
'NAREMBEEN RIDING TOGETHER'
ON STRAVA (FREE MONTHLY TRIAL)
- LOG YOUR KILOMETRES
- WIN PRIZES



Department of Transport





A LANEWAY OF LEARNING & FUN

SATURDAY, 24 OCTOBER 2020

NAREMBEEN CRC

9.30 am - 12.00 pm

STORY TENT

HEALTHY LUNCH

BOOKMARK COMPETITION

'SPIN A STORY' WHEELS

FACE PAINTING

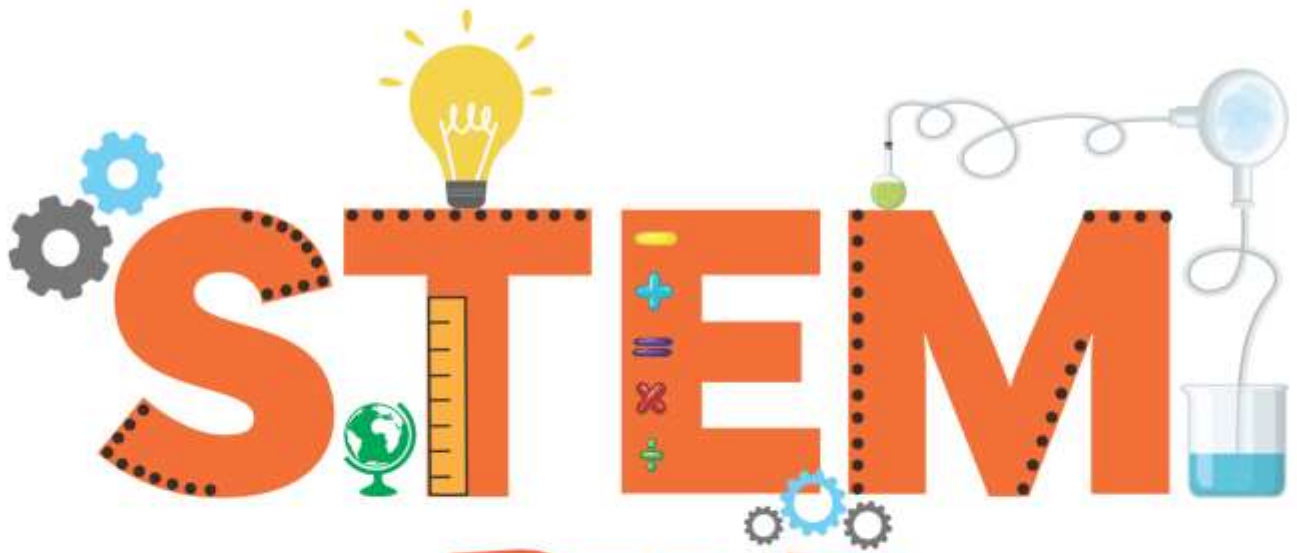
SCAVENGER HUNT



GIANT GAMES

CREATE A PERSONALISED LIBRARY BAG





STORY TIME



**JOIN US IN THE
LIBRARY AT 10:30 am**

Friday, 30 October 2020



NAREMBEEN COMMUNITY MARKET DAY 2020

Saturday, 31 October

9:00am - 12:00pm

Town Hall
Latham Road



Stall Holders

Sausage sizzle

Ice cream van

Arts & crafts

Preserves

Plants

Cards

Handmade gifts



For more information on how to be a stall holder
contact the Narembeen CRC
Phone: 9064 7055 or
Email: crcreception@narembeen.wa.gov.au



Narembeen Community Resource Centre
Your local connection



Upcoming Events

- Narembeen Riding Together - Family Bike Day: Saturday, 17 October 9:00am
- Morning Coffee Club: Wednesday, 21 October 10.30am
- Children's Week Event: Saturday, 24 October 10.00am
- STEM Story Time: Friday, 30 October 10.30am
- Narembeen Market Day: Saturday, 31 October 9.00am
- Youth Mental Health First Aid: 4 + 5 November
- High Tea for Mums: Wednesday, 11 November 10.00am
- Christmas Pool Party: Friday, 18 December 3.30pm



T 9064 7055 | F 9064 7084

Unit 2 /19 Churchill Street, Narembeen WA 6369

crcreception@narembeen.wa.gov.au

www.narembeen.wa.gov.au



Narembeen Community Resource Centre



Narembeen CRC

Hon Mia Davies MLA

Member for Central Wheatbelt

MEDIA RELEASE

12 October 2020

ROUND 2: MORE GRANTS AVAILABLE FOR MIA'S LOCAL HEROS

Community groups have another opportunity to get much-needed funding support with Member for Central Wheatbelt Mia Davies MLA launching another round of her 'Local Hero small grants program.

Ms Davies said as the local State MP she was always pleased to support groups in the electorate and the program offered small but meaningful grants that benefit community activities.

"The first lot of grants were so strongly sought that I am now opening up a second round and I encourage eligible groups to make an application," she said.

"*Mia's Local Hero Grants* program provides \$250 grants for local groups who support and enrich our Central Wheatbelt community.

"The grants could be to support or sponsor a local event, contribute toward the purchase of new equipment or materials or to assist your group to better support your members or community."

Ms Davies said the grants provided an opportunity to show her support, thanks and appreciation for the hardworking volunteer and not-for-profit organisations that make such a difference in our community.

"The application process isn't onerous, but it will be competitive so make sure you explain clearly how the money will be used and why it will benefit the community or people you support," she said.

"Successful groups in the first round put their funds towards projects such as bus hire for a mystery tour, sporting equipment, setting up after-school science clubs and the purchase of interactive toys.

"I'm looking forward to receiving the next round of applications, and if anyone has concerns about their eligibility they should contact my office."

Applications for the current round of *Mia's Local Hero Grants* closes at 4.00pm on Friday 30th October 2020.

For further information on how to apply email mia.davies@mp.wa.gov.au or phone the Merredin electorate office on 9041 1702.

ENDS

For media enquiries please contact Mia Davies on 9041 1702 (Merredin office), 9622 2871 (Northam office) or email mia.davies@mp.wa.gov.au.



mia.davies@mp.wa.gov.au

www.miadavies.com.au

Leader, Spokesperson for Regional Development, State Development, Public Sector Management, Jobs and Trade, Federal-State Relations

THE NATIONALS for Regional WA

BIRTHDAYS



Month

15th	Jodi Hinkley Ian Mortimore	Anne Ransom Janine Sprigg	Jasmine Federici Thomas Miolini
16th	Sheree Butler	Peter McKiernan	
17th	Julie Hagley Arli Vanderleer	Michael Mortimore	Carol Brayshaw
18th	Pam Wilson		
19th	Bradley Price	Judy Schwartz	
20th	Coralie Cusack Carol Currie	Henry Watson Kassie MCCummisky	Robert Lopez Rob Gill
21st	Dawn Woods	Dennis Rogers	
22nd	Ron Draper Portia Ridout	Terri Tenardi	Mary Cowan

Anniversaries

Month

	Geoffery(Silver) & Susan(Lethlean)	
15th	Wilkins (Lethlean)	Kyle & Maddie(Main) DellaVedova
16th		
17th		
18th	Sherryl(Lethlean) & Kevyn Bow (50 years)	
19th		
20th		
21st	Murray & Deanne Ventris(Ogilvie)	Mitch & Emma(Main) Miolini



Cleaning Rosters

Catholic Church

M. Hall



CHURCH NOTICES



SEVENTH-DAY ADVENTIST

105 Church Road, Mt. Walker
Saturday 10th October 2020

Contacts: Leading Elder Yonnie 9063
5014

Pr Lomani – 0429 770

331

10.00am Bible study hour
Sabbath School

11.30 am Worship Service

ROMAN CATHOLIC

OUR LADY OF THE BLESSED SACRAMENT

Saturday 17th October

6.00pm

Reader : M. Hall



ST PAUL'S ANGLICAN

Sunday 11th October 2020

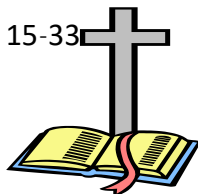
9.30 am

Exodus Chapter 33 Verses 12-23 E. Brayshaw

1 Thessalonians Chapter 1 Verses 1-10 W. Milner

Matthew Chapter 22 Verses 15-33

Psalms 99



Church of Christ

Thursday 15th October 7.30 pm

Bible Study at D&R Smokers home

Sunday 18th October

10am

Worship service —Sunday School for the children
during the service

2 Corinthians 1:3-4

Praise be to the God and Father of our Lord Jesus
Christ, the Father of compassion and the God of all
comfort, who comforts us in all our troubles, so



COMMUNITY HEALTH INFORMATION



NAREMBEEN MEDICAL CENTRE - PHONE 9064 7145

Dr Lines practices at the Medical Centre

Hours Mon – Thurs 8.00am – 12.30pm 1.30pm – 5.00pm Friday 8.00am – 1.30pm

PLEASE BRING CURRENT PRESCRIPTIONS, MEDICARE, PENSION AND HEALTH CARE CARDS

RURAL WOMEN'S GP SERVICE – Phone 90647145 for appointments. Dr Olga Ward visits approximately 6 weekly

NURSE PRACTITIONER – Laura Black visits fortnightly

HOSPITAL – PHONE 90646222 HEALTH DIRECT 1800 022 222

Accident, emergency and acute medical.

Outpatient dressing/blood pressure checks etc–Preferred times 10.30am -11.30am or 3.30pm – 4.30pm

X-Ray service available – please phone for bookings. Only emergency X-Rays will be attended out of hours

Other services include antenatal and postnatal care, palliative care, respite service, high and low level residential care. Home and Community Care (HACC), Patient Assisted Travel Service (PATS), Videoconference facilities available for consults with some Specialists. Occupation and Speech Therapy, Dietician and Aged Care Assessment (ACAT) available by referral.

WHEATBELT ALCOHOL AND DRUG SERVICE

Phone 90413807 or 90412928

This service provides support for individuals, couples and families affected by alcohol and drugs

WHEATBELT DOMESTIC VIOLENCE UNIT

Call 1800 353 122 (24 hours) Free and Confidential

Men's Domestic Violence Helpline 1800 000 599. Victim Support Service 1800 350 074

NAREMBEEN DENTAL – JOHN COBLEY

Phone 90647397 Emergencies 0419 987 397 Appointments Thursday

CHILD, SCHOOL AND COMMUNITY HEALTH SERVICES – PHONE 90647388 or 90646222

Child Health Clinic every Tuesday at the Hospital 9am – 3.00pm

Alternatively, contact Primary health in Merredin 90410444 or Ngala 1800 111546

CENTRAL AGCARE FAMILY COUNSELLING SERVICE Counsellor Anne Hague 0427 133 711

PODIATRIST – PHONE 90646222 Please call the hospital (office hours) for appointments

ST JOHN AMBULANCE – PHONE 000 Do not call the hospital for an ambulance in an emergency.

Skills 7.30pm every 2nd & 4th Monday of month

SPEECH THERAPY – PHONE PRUE 0408 934 284

At Naremben Medical Centre on Tuesday and Wednesday

CENTRAL WHEATBELT OCCUPATIONAL THERAPY – PHONE COURTNEY 0488 333 492

At Naremben Medical Centre

COMING EVENTS

October 2020

Wednesday	14th	Seniors Gym Numbats: Phone Bookings from 8.00am 0422 322 289	10.30am 8.30am - 5.30pm
		Ladies Bowls—Round 1: WST v NB	9.00am
Thursday	15th	Men's Shed Numbats: Phone bookings from 8.00am 0422 322 289 Autumn Club Scroungers Bowls	9.00am 8.30am - 5.30pm 10.00am-2.00pm 5.30pm
Friday	16th	Playgroup at Numbats Centre	9.30am
Saturday	17th	Church Men's Community Shed Men's Bowls—Round 2: BK G v NBN G BKP v NBN M Nbn Pennant Tennis Hyd v Nbn 1	9.00am 2.00pm 1.30pm
Sunday	18th	Church Narembeen Tennis Club Handicap Doubles—Approx 2pm start Bowls—Drawn pairs	
Monday	19th	Circuit Gym Historial Society Meeting Arts and Crafts and Book Exchange at Community Shed	9.30am 2.00pm 10.00am-4.00pm
Tuesday	20th	Senior Citizens Numbats: Phone Bookings from 8.00am 0422 322 289 Badminton at Town Hall	2.00pm 8.30am - 5.30pm 7.30pm
Wednesday	21st	Seniors Gym Numbats: Phone Bookings from 8.00am 0422 322 289 Ladies Bowls Round 2 CR G v Nbn Shire Meeting	10.30am 8.30am - 5.30pm 9.00am

Editor: Maxine Miolini